



Exchange Hotline

Exchange Club of
Sugar Land Newsletter
August 15, 2016
Volume 22, Number 4
Publisher

The Exchange Club of Sugar Land

4800 Sugar Grove Blvd. Suite 100
Stafford, TX 77477

www.ecsl.org

Weekly Meetings

Wednesdays, 7:00 a.m.

Sweetwater Country Club
Palm Royale Blvd.
Sugar Land, Texas

Officers 2015-2016

President:
Carlos Perez

President Elect:
Rod White

Secretary:
Margo Pasko

Treasurer:
Leo Weinberg

Immediate Past President:
Kevin Barker

Board of Directors

Vernon Hunt
Duyen Le
Sue Lockwood
Scott McClintic
Nick Landowski
Clinton Chapman
Jaime Williams
Leslie Woods

Photographers:
Sue Lockwood
Greg Kramer

Webmaster: Charlie Braun
www.ecsl.org

Newsletter: Sue Lockwood
newsletter@ecsl.org

2ND ANNUAL "BACK TO SCHOOL BASH"



Exchange Club Members turned out to help pass out backpacks and school supplies to children who otherwise could not afford them. Club President **Carlos Perez** and **Charlie Braun** demonstrate how much fun it is to help others. **Judge Walter Armatys** shows off one of the quality backpacks. All to demonstrate our theme for this year: BE THANKFUL & KEEP SMILING.



Our speaker on August 3rd was **Namita Asthana**, owner of **Off the Vine Bistro**. She provided an interesting history of her restaurant and a fascinating personal story of her research into food allergies. Her research has led her to creating wonderful dishes that are prepared with potential food allergies in mind. **Carlos Perez** our Club President has just “mugged” **Namita**.

Our August 10th speaker was **Howard Partridge**, owner of **Phenomenal Products**, a small business consulting company. He conducted a very entertaining exercise with the members to demonstrate their primary style of communications. His point being to be aware of the other person’s communication style and modify yours to match theirs in order to improve the chances of making a connection.



A great turn out for **Christmas in August**. Our members helped to sort and tag toys that came in late for the event last year. **Margo Pasko** turned work into play by hosting a social at her home. We shared pizza and other great food as we completed the task. What a fun way to get ready for **Toys for Tots / Santa’s Exchange!**