



Exchange Hotline

Exchange Club of
Sugar Land Newsletter
June 15, 2016
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Publisher

The Exchange Club of Sugar Land

4800 Sugar Grove Blvd. Suite 100
Stafford, TX 77477

www.ecsl.org

Weekly Meetings

Wednesdays, 7:00 a.m.

Sweetwater Country Club
Palm Royale Blvd.
Sugar Land, Texas

Officers 2015-2016

President:
Kevin Barker

President Elect:
Carlos Perez

Secretary:
Farha Ahmed

Treasurer:
Leo Weinberg

Immediate Past President:
John Robson

Board of Directors

Doug Brinkley
Helen Burgess
Clinton Chapman
Vernon Hunt
Nick Landoski
Duyen Le
Scott McClintic
Rod White

Photographers:
Sue Lockwood
Amy Mitchell
Greg Kramer

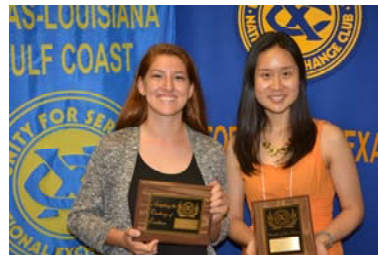
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TLGC District Convention June 2016



Texas Louisiana Gulf Coast District Immediate Past President Mike Reichel passed the duty on to incoming President Debra Hebert. The 2016/17 Board of Directors was sworn in. Exchange Club of Sugar Land members attending were District President Elect, Jim Kij, Sue & Jim Lockwood, Farha Ahmed, Bob Dunham, Doug Earle, Greg Oelfke, and Brenda Robinson.



AWARDS: Dorothy Nail from the Exchange Club of Fort Bend was named "Exchangite of the Year." Christina Ramsey won the "ACE Award" and Han Wen won "Student of the Year." Sue Lockwood from the Exchange Club of Sugar Land was presented the "All American Volunteer of the Year Award" and "Outstanding Club Bulletin." Other awards won by The Exchange Club of Sugar Land include District Service Award, Outstanding Americanism, Outstanding Community Service, Outstanding Service to Youth, Outstanding Child Abuse Prevention, Military Appreciation, One Nation Under God, Fundraising Project and Convention Attendance.



DISTINGUISHED GUEST SPEAKERS: We were fortunate to have Nancy Olson speak to us about "The Importance of American Citizenship." Sara Rice Shafer gave us a sampling of ESCAPE Family Resource Centers Parenting Classes. National Exchange Club Representative, Carolyn Geisert gave us an update on what's new at NEC. In Jacquie Baly's talk "My American Experience" she told of the lessons her parents gave her growing up in America about hard work and determination after moving from St. Martin when she was 7 years old.

TLGC District Convention June 2016 cont.



Our own **Al McDonald** who passed away in 2015 was remembered with a rose, candle lighting and ringing of the Exchange Club Bell. ECSL President Kevin Barker told of Al's dedication to Exchange. Al was a charter member of the club 1987-2015. Other Exchangites remembered were Glen Adams, Allan King, Janie Rousseau and Diana Rutkowski.



Officer Tuan-Huy Tran of the Sugar Land Police Department was honored by ECSL with the **"Excellence in Service Award."**

Officer Tran was nominated for by **Chief Doug Brinkley** and the award was presented by **Cookie Joe**.



HONORED EXCHANGITES
Leslie Woods, Chairperson for Crime Stoppers, was honored by Fort Bend Lifestyles Magazine as a **"Hometown Hero."**
Margo Pasko was named **"Volunteer of the Year"** by FBISD for her work with Special Olympics.



Check Presentations

Susan Bearden of Partnership for Youth accepted a check for \$1,000.

Vickie Coates accepted a check for \$1,000 for **East Fort Bend Human Ministries**.



Bill Nash told Exchangites of the wonderful things our \$2,500 sponsorship will do at **Champions Kids Camp** this summer, July 24-29, 2016. \$500 sponsors one child who has been through a traumatic event in their young life. One of the children saw his father shot and killed in front of him during a home invasion. Bill and his counselors help the children get past these memories and "be a kid again." Bill also has a **Care Bear Campaign** where you can donate \$100 and a bear will be given to a child being treated for cancer.

www.championskidscamp.org

Chase Myers, Nancy White, and Charles Hearne, spoke about the Prison Entrepreneurship Program. (PEP) PEP provides education and training to inmates before being released from prison. The program teaches the individuals about business and offers training such as Developing a Job Resume and Business Plan. PEP has helped 100% of their graduates find jobs after graduation. <http://www.pep.org/>



Mark Ross spoke to the group about preparing for retirement. He spoke of his own personal journey in which he thought about what he wanted his life to be beyond his current job. Mark spoke of a book that changed his life "Don't Retire: Rewire". In planning for retirement you have to know what motivates and internally drives you each and every day. By knowing that you can begin to look at opportunities to continue to fulfill that need as you look beyond your current career.

Upcoming Events

New Member Orientation Thursday June 23, 2016 at 6:30 pm at the home of **Jeri and Lynn Krauss** 827 Harbour Place, Sugar Land, TX. Contact: lynnkrauss@yahoo.com



Day of Service - Saturday June 25, 2016 8:00 am – 12:00 noon
Volunteers needed to help Sugar Land Fire Department install Smoke Detectors in homes they have identified.
Contact: Kevin Barker Kevin.Barker@texanacenter.com

PANCAKES ALL DAY!!! June 25, 2106 7:00 am -7:00 pm \$5.00
Mamie George Community Center, 1111 Collins Rd, Richmond TX



ECSL New President Inauguration Dinner
June 29 - 6:00 PM - Sweetwater Country Club
No AM Breakfast Meeting



Service to Seniors - Friday, July 1, 2016—10:00 AM
Join fellow Exchangites in helping seniors celebrate their birthdays with cake and ice cream. Bingo is always a favorite at the 5th Street Community Center in Stafford.
Contact: Cookie Joe cookiejoedance@hotmail.com

The National Exchange Conference July 13-17 at Hyatt Regency Houston

The Exchange Club of Sugar Land will be hosting the Hospitality Suite Friday July 15, 2016. We need Exchangites to volunteer to assist with serving food drinks. It is a great time to meet Exchangites from around the country. This is our convention, here in Houston. There are many areas in which you can help. For more information please contact **District President Mike Reichek** mike@reichekfinancial.com



Barbeque Dinner catered by Witt's Pit for Exchangites who purchased tickets at Spaghetti Dinner Live Auction will be held on July 20, 2016 at 5:30 pm. **Noah's Place** 16555 Creek Bend Dr., Sugar Land, TX. Wine and beer included. Sue Sanchez sweetsue@windstream.net

